



the focus
2023

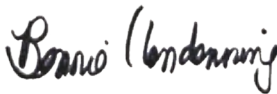
IN THE 25 YEARS

of partnering with Tanzanian communities, we've seen local leaders embrace sustainable development through dozens of varied projects, from drilling boreholes, to building classrooms, to offering women the education and support they need to run their own businesses. All of them have one thing in common: they build healthier communities.

This year is particularly exciting for the Sukenya Health Center as it begins to offer more comprehensive maternal health care. Good health is supported by these four United Nations Sustainable Development Goals: eradication of poverty, gender equality, clean water & sanitation, and quality education.

Healthy students are able to attend class frequently, and they have the energy and focus needed to study. Giving women access to essential prenatal care, and educating them about how to help their families stay healthy, improves outcomes in childbirth and beyond. And clean water from deep wells allows entire communities—in particular women and girls—to spend less time and energy on finding water, and instead focus on loftier goals, such as attending school and building sustainable businesses to help their families.

A healthy community is a strong community, and your ongoing support is building this vital foundation to a brighter future.



Bonnie Clendenning
FOTZC Board President



Judi Wineland
FOTZC Director and
CEO, Thomson Safaris

22 COMMUNITIES
OVER 25 YEARS



FOCUS ON
TANZANIAN COMMUNITIES

EDUCATION



29,000
PEOPLE SERVED

HEALTH



57,000
PEOPLE SERVED

WOMEN'S EMPOWERMENT

Projects through a microfinance initiative that teaches and supports women in opening small, environmentally friendly businesses.



400+
PARTICIPANTS

Your generosity has helped facilitate projects in all these areas, which in turn are helping to build healthy communities, both in body and in spirit.

Focus on Tanzanian Communities (FOTZC) celebrated its 25th anniversary in 2022.



BETTER HEALTH

A BUILDING BLOCK FOR EVERYTHING

In the past, Tanzanians in very remote areas often had little or no access to basic healthcare. Not only was preventive care nearly unheard of, dangerous illnesses might go untreated; an hours long trek to the nearest facility was simply impossible for someone whose health had already been compromised.

The Sukenya Health Center is changing the outlook for communities in the region by offering up-to-date facilities for multiple facets of healthcare. Your donations have helped build a maternity ward, an operating room, a laboratory, and staff housing, which has allowed the government to send additional highly trained medical professionals to work at the facility. Because the government provided electricity this year



WALTER PRZYGOCKI



Aerial view of health center

I have been a donor since a 2020 safari. When we visited the Sukenya Dispensary and interacted with Maasai business women, we became aware of the local needs and desires that drive FOTZC projects. I am pleased my donations are helping to improve family outcomes and strengthen local economies in the FOTZC partner communities.”

Tanis O. Beadle, Walker, MN

and continues to provide equipment, basic surgeries are taking place and laboratory testing is helping identify and treat dozens of common ailments.

The health center is already having a huge impact on the health of the surrounding community. But this multi-year project is just getting started. Future plans include the construction of a multi-purpose building for reproductive health, children’s medicine, and an onsite pharmacy.

So far, over 5,600 people have been helped by the dispensary, some of whom have walked up to 20km to reach it!

But treatment isn’t the only facet of health – prevention is just as important. Not only does the facility make preventive care accessible, a borehole at the facility provides clean water to both patients and individuals living nearby, ensuring that dozens of waterborne illnesses are avoided altogether.

Preventive care and treatment of common illnesses help children stay in school and keep adults healthy enough to work. The income they earn can go towards more nutritious food for their families and improved living conditions, which will keep them healthier in the long term. Improving the community’s health leads directly to improving their economies, a cycle we’re proud to be a part of.



IMPROVING FAMILY OUTCOMES

A HEALTHIER START FOR CHILDREN & MOTHERS

Bringing a child into the world can be a daunting prospect no matter where you live, but in rural Tanzania, where basic healthcare can be difficult to access, pregnancy and childbirth have long been dangerous to women and their children alike.

One of the most critical projects FOTZC has undertaken in the region is the maternity center at Sukenya. Women in nearby communities now have access to quality prenatal care and education, helping them to spot potential dangers earlier in a pregnancy, and to take care of their bodies before, during, and after childbirth, particularly through healthier diets.



MARIA CORREO



“When women gave birth at home... eight to twelve mothers each year were losing their lives from delivery complications. After the introduction of mother and child care... for the past six years we’ve lost only four mothers.”

Thomas Samson Inchimbe, Nurse

Promoting healthy pregnancies and educating women on nutrition has led to a significant reduction in maternal malnourishment, which has in turn led to fewer underweight babies, a significant risk for infant mortality. Additionally, giving birth in sanitary facilities attended by trained midwives, instead of at home, means that if something does go wrong during childbirth, crisis can usually be averted.

Education and access to care are having huge effects for Tanzanian families. Overall, infant and maternal mortality rates in surrounding communities are down by an astounding 95%.

Education on nutritious food and the importance of childhood vaccines is leading many mothers and fathers to make healthier choices for themselves and their families. Ongoing access to healthcare for both mothers and children has helped avert dangerous, even deadly outcomes.

Healthier parents can provide better care for their families, and healthier children are able to attend school, gaining an education that will lead to more and better opportunities. By focusing on the health of the family, the maternity center is improving the outlook for entire communities.



EMPOWERING WOMEN

HELPING WOMEN HELPS THE COMMUNITY

In rural Tanzania, women have traditionally been the heart of the family, providing meals, care, and trekking long distances daily for water. Just like we need strong hearts for a healthy body, empowering women is essential for creating strong families and healthy, thriving communities.

Your generosity provides training and support for women to build and maintain their own sustainable businesses. Beekeeping has been successful, and dozens of women are now gaining a steady income from the practice. In 2020, the first year, only 70 liters of honey and beeswax were harvested, but as of August 2023 the women were able to harvest 552 liters – a testament to their increased skills, hard work, and dedication.



“Women are moving forward because of FOTZC. I can now buy a variety of healthy food for my children, when before they barely had enough to eat.”

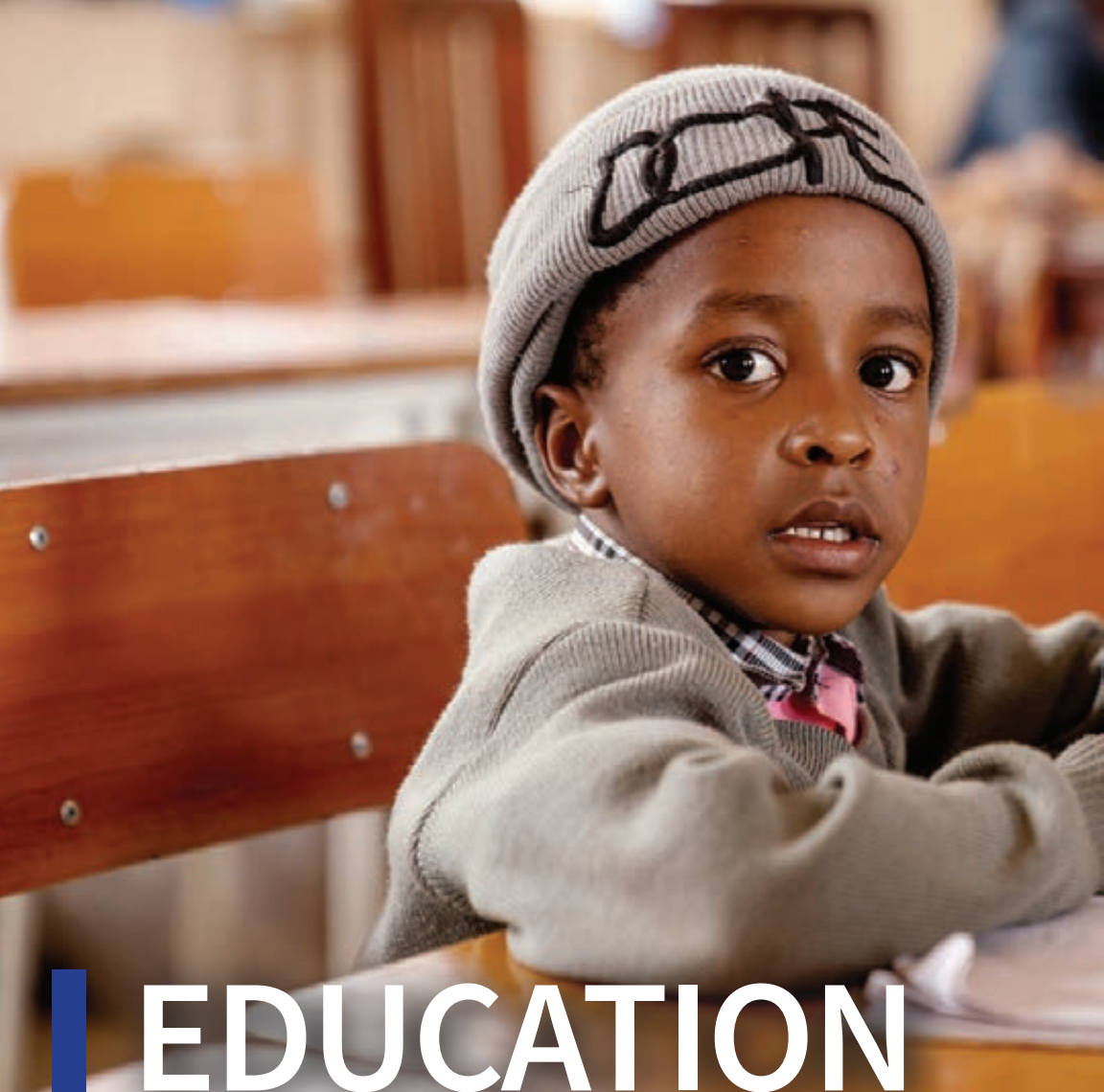
Nosiruai, 40, member of beekeeping collective

Women tend the hives on their own, harvest honey and beeswax, and sell products to tourists in the region. Not only are the women able to gain a reliable income, the bees help keep the surrounding grasslands healthy, and tourists get to bring home a taste of Tanzania.

Members of the beekeeping collective regularly use their earnings to feed their families healthier meals, pay school fees, build

houses with tin roofs, and buy medicines to treat health issues.

But they don't just build incomes, they build thriving connections to one another and their community at large. Norkitoip Loongung used the profits from her small business to pay her son's school fees. After years of hard work, Ezekiel passed his exams, but his family was unable to afford to send him on to college. The other women Norkitoip had connected with in the beekeeping collective didn't accept that outcome, and decided to pool some of their own earnings to help pay his fees. In February of this year, Ezekiel started his college education. The skills he'll gain there will give him even greater opportunities, and new pathways to help his community in return.



EDUCATION

THE FOUNDATION FOR A BRIGHTER FUTURE

Since we started partnering with Tanzanian communities over 25 years ago, education has always been a top priority. Parents the world over know: education is a foundation that can be built on indefinitely. It underpins more lucrative and rewarding careers, fosters greater tolerance and equality, and inspires creative thinking to tackle age-old problems.

Tanzania is a very young country. In 2020, over 60% of the population of Tanzania was under 25; 41.5% was under 14 years of age. This growing number of students is why we keep building teacher houses, classrooms and dormitories.



RACHEL AMBROSE

ASANTE SANA!

Thanks to FOTZC donors for providing housing for four teachers, a dining hall, borehole, 100k liter tank, and kitchen at the Christopher P. Halloran School. Because of this progress the government has installed electricity and decided to build a teachers' college close to Orkyuene – a significant acknowledgement of the impact FOTZC has made in one community!

STUDENT & TEACHER HOUSING: STRUCTURES FOR SUCCESS

In rural Tanzania, clean, spacious classrooms are only part of what students need to flourish. Housing—both for teachers and for students—is just as vital.

Students in dormitories gain many advantages. They're able to avoid long and sometimes dangerous daily treks to and from school that consume their energy and leave little time to study. Teacher housing is equally important—the Tanzanian government requires available housing before it will send much-needed qualified teachers to these remote locations.

There are 442 boys at Soit Sambu Secondary, all of them boarding students. An astounding 65% of these students are Maasai. There are only 3 boys' dorms so some boys must sleep 2 or 3 to a bed or sleep on mattresses on the floor. FOTZC donors have just provided the funds to build a new dorm for 120 boys here, just like the recently completed dorm in Robanda.

All of this translates to better outcomes for students. At Robanda and Soit Sambu, teachers' housing and dormitories have improved attendance and reduced dropout rates significantly, improving graduation numbers up to 90%. With clean spacious classrooms, and the benefits onsite student and teachers' housing brings, you're setting up thousands of students for success.

“We thank FOTZC for all you do; it is because of you, our standard of living is improved. If you were not here our lives would be so hard and unbearable.”

*Lettit Lettit,
Chairman of Sukenya Village*

FINANCIALS

Revenue and Expenditures for January 1, 2022 through December 31, 2022

All administration and development costs are covered by a foundation, board members and Thomson Safaris. This means that 100% of your donation goes directly to funding projects.

REVENUE

Cash Donations, excluding pledges	\$340,559
In-Kind Gifts (Thomson Safaris)	\$15,000
TOTAL REVENUE	\$355,559

EXPENDITURES

Projects	68.1%*	\$119,373
On-Site Project Management Expenses		\$7,650
Legal Fees to establish FOTZC-Tanzania		\$6,647
COCOBA		\$28,440
Christopher P. Halloran Water System		\$32,067
CPH Screens, Fuel-efficient stoves, dining hall furniture		\$38,676
Robanda Primary Classrooms		\$5,893
Administration & Development	31.9%*	\$55,862
Administrative Management Expenses		\$10,540
Website & Database Fees		\$3,860
Accounting Fees		\$10,000
D&O Insurance, Bank Fees		\$5,670
National Nonprofit Registration		\$7,380
Supplies & Materials		\$3,513
Marketing		\$14,900
TOTAL EXPENDITURES	100%	\$175,235

* Project costs were much lower in 2022 because flooding delayed a lot of construction. Please visit fotzc.org to see our current projects. Expenditures include the one-time legal fees to establish our sister charity in Tanzania.

DONORS

Donations received July 1, 2022 through June 30, 2023

Your gift contributes to the schools, clean water, health facilities, and training programs FOTZC builds and maintains with our Serengeti partner communities. Additionally, you're providing a variety of new choices to these men, women and children. Thank you for your continued generosity; you make it possible for thousands of Tanzanians to choose a life that's healthier and more fulfilled.

\$10,000 +

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“We decided to become donors to FOTZC after a visit to Tanzania in 2018 and witnessing the vast needs of the children. Donating monthly to FOTZC continues their mission of educating children and gives them the peace of mind that funds will always be available to sustain the evolving demands.”

Christine and Chris Culine, San Jose, CA

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14 Mount Auburn Street
Watertown, MA 02472

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To overcome economic and social challenges in Tanzania by partnering with local communities to support education, health care, women's empowerment and other sustainable community development initiatives.

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* Ann is the managing editor of The Focus 2023.